

Meherrin Talking Leaves



Talking Leaves

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Strawberry Ceremony

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Che'wn all,

It's time to celebrate the first fruits of the season and to give thanks to the Creator!

This Saturday June 1,2019 at 10 am prompt Tribal Ground.
Please be dressed in regalia.

Cake bakers, please contact me ASAP and anyone for menu donation/preparation.

Fry bread makers. Time for new ones to learn how to make Meherrin Fry bread !

Also visit the Meherrin website for updates on tribal affair.

Reminder that the Strawberry Ceremony is private for Meherrin Tribal Members only or by special invitation only.

See you Saturday!

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HNNC Grant Awarded!

- ▶ The Meherrin Nation was recently awarded a grant from HNNC (Healthy Native North Carolinians). This grant is for a two year period and will provide the tribe with funds to help build raised gardens on the tribal grounds. The idea behind the grant is to help educate tribal and community members about where their food comes from and healthy eating practices.
- ▶ We will be needing volunteers to help construct and tend to the new garden areas on the tribal grounds. If you would like to participate please contact Patrick Suarez crazy_elk06@yahoo.com
- ▶ We will also have a meeting after the Strawberry Ceremony on June 1st to discuss more about the grant and how you can help.



NPTH Program

- ▶ The Meherrin Tribe was provided the opportunity to participate in a program sponsored by UNC called Native Pathways To Health. This program is designed to improve our knowledge of American Indian (AI) health in North Carolina. NPTH will build upon strong existing relationships within the tribal communities to conduct an in-depth analysis of the health issues specific to each tribal community, identify and describe who is affected by those health issues and develop an understanding of why those health issues exist. The tribal communities will own the data and can work in partnership with NPTH to develop ways to share data and improve health
- ▶ There are two positions that we are looking to fill to help assist in the talking circles that will take place.
- ▶ TRIBAL HEALTH AMBASSADOR
- ▶ TRIBAL YOUTH HEALTH AMBASSADOR
- ▶ If you are interested in either of these positions please contact Patrick Suarez for more information. Crazy_elk06@yahoo.com



Sappony Trail Run



Saturday, June 15, 2019

sapponytrailrun.org



Upcoming Events

- ▶ Strawberry Ceremony June 1st – Meherrin Tribal Grounds
- ▶ Tribal Meeting June 8th – Meherrin Tribal Grounds
- ▶ Occaneechi Band of Saponi Nation Powwow June 8th and 9th
 - ▶ 4902 Dailey Store Rd, Burlington, North Carolina
 - ▶ Saturday and Sunday, the gates open at 10:00 AM, with Grand Entry at Noon and 6:00 PM on Saturday, and 1:00 PM on Sunday. This is a family friendly event, so bring everyone, and your folding chairs and blankets to sit on. There will be crafts, skills and dance demonstrators and exhibits.
- ▶ Sappony Trail Run June 15th

